

# VOGUE

BRIT

DEC  
USA  
\$10.99  
CAN  
\$10.99  
£4.80

**ADUT AKECH**  
*Photographed by Steven Meisel*

*Chimamanda*  
*Ngozi Adichie*  
NICOLE KIDMAN  
Lin-Manuel Miranda  
*NAOMI CAMPBELL*  
Lenny Kravitz  
MICHAELA COEL  
*Pierpaolo Piccioli*  
ADWOA ABOAH  
*Dolce & Gabbana*  
*Aerin Lauder*  
ZAYN  
Halima Aden  
*JOAN COLLINS*  
Radhika Nair  
PAT McGRATH  
*Lily Collins*  
TIM WALKER

# PARTY!



be rethinking the way you style your hair, and you won't look back.



## *A woman's work*

Ciara Madden is a female-only personal trainer specialising in helping women feel more positive about themselves, both mentally and physically. Download her six-week fitness and nutrition plan *Body by Ciara* (it's free but with limited spaces) from her Instagram account, [@bodybyciara](#), and she'll provide meal plans (shopping lists are included and cater to a number of dietary requirements), HIIT workouts and other detailed day-to-day exercise routines for a strong, sculpted body.

BASIC  
LIFESTYLES